

EDUCATE Lesson: Teacher Guidance Manual

This document has been written to provide guidance for teachers to plan and deliver the EDUCATE lesson within their school. The lesson is designed to be delivered at Key Stage Three within the 'Health and Prevention' module of the PSHE curriculum. The lesson aims to help students to understand what the HPV vaccine is for and understand what happens on the day of the vaccination session.

Resources available for delivery of the lesson:

- EDUCATE Lesson Plan (PDF)
- EDUCATE Lesson PowerPoint (PPT)
- EDUCATE Teacher Guidance Manual (PDF)
- EDUCATE Frequently Asked Questions for teachers (PDF)
- EDUCATE Parent/carer letter template (Word)

- EDUCATE Baseline Assessment (Word)
- EDUCATE Activity One (Word)
- EDUCATE Activity Two Resource A (PPT)
- EDUCATE Activity Two Resource B (Word)
- EDUCATE Activity Three Worksheet (Word)
- EDUCATE Endpoint Assessment (PPT)

Resources required:

- Student workbooks to complete exercises or printed handouts
- PowerPoint projector with capacity to play videos with sound
- Box or envelope for anonymous questions
- UKHSA HPV vaccine leaflets (optional)
- HPV vaccine consent forms (if applicable)

The HPV vaccination programme

Young people aged 12 to 13 years are offered immunisation against HPV as part of the NHS vaccination programme. Most young people receive the vaccine in their school. The vaccine is also available for young people (both male and female) aged up to 25 years in community settings and offered to men-who-have-sex-with men up to the age of 45 years through sexual health and HIV clinics.

The vaccine helps prevent infection with the most commonly occurring strains of HPV which can lead to the development of cancers affecting both women and men. These include:

- Cervical cancer
- Vaginal cancer
- Vulval cancer
- Anal cancer
- Cancer of the penis
- Some cancers of the head and neck

The HPV vaccine also protects against the development of genital warts.

More information about the HPV vaccination programme can be found [here](#).

The EDUCATE lesson

Researchers and young people co-produced resources for a lesson called EDUCATE about the human papillomavirus (HPV) vaccination programme. More information about this study published in an academic article can be found [here](#).

The EDUCATE lesson aims to equip young people with knowledge about the HPV vaccination programme and provide reassurance about receiving the vaccine at school. The resources for the EDUCATE lesson have been designed to specifically address the information needs of young people from populations where coverage is low.

Who is the EDUCATE lesson for?

The EDUCATE lesson is designed to be delivered at Key Stage Three within the 'Health and Wellbeing' core theme of the PSHE curriculum. The EDUCATE lesson will be most useful if it is delivered to Year 8 students before they are offered the HPV vaccine, however other young people may also benefit from having the opportunity to find out more about the HPV vaccine.

This lesson fits within the core theme of 'Health and Wellbeing' from the PSHE Association's [Programme of Study](#) by incorporating the following learning opportunities:

Students learn...

- **H19.** the importance of taking increased responsibility for their own physical health including dental check-ups, sun safety and self-examination (especially testicular self-examination in late KS3); the purpose of vaccinations offered during adolescence for individuals and society.
- **H21.** how to access health services when appropriate

The learning opportunities also link to the [DfE's Guidance on Health Education](#) within teaching on 'Health and Prevention', which states that by the end of secondary school pupils should know...

- about personal hygiene, germs including bacteria, viruses, how they are spread, treatment and prevention of infection, and about antibiotics.
- the facts and science relating to immunisation and vaccination.

Who should deliver the EDUCATE lesson?

We recommend that this lesson is delivered within a timetabled PSHE lesson by a PSHE teacher. While immunisation nurses or school nurses are well placed to answer more technical questions about the HPV vaccine, they should not be placed in a position to lead the lesson individually, but instead might co-deliver the lesson with a qualified teacher.

Preparing to teach

Review the EDUCATE 'Lesson PowerPoint', 'Lesson Plan' and 'Frequently Asked Questions for teachers' documents

All the information required to deliver the resource is included in these documents. In the 'notes' sections of some of the slides within the PowerPoint, there is additional information and guidance to help educators. It may be useful to have the 'Frequently Asked Questions for teachers' sheet on hand while delivering the session.

You don't need to be an expert or trained healthcare professional to deliver a useful and informative session about the HPV vaccine. There is a slide within the PowerPoint which can be used to direct young people to other sources of information, both within and external to the school.

You may wish to notify young people and their parent/carers about the session in advance

If a student has been affected by an HPV-related cancer, or cancer in general, it might be best to speak with them before to ensure they are comfortable to take part in the session and provide them with the option to opt-out of the lesson.

We have provided a letter template which you could adapt to inform parents/carers in advance about the session(s). This could help promote transparency and prepare parents for any questions their son or daughter may ask when they get home.

Find out how the HPV vaccination session will run in your school

To assist with Core Exercise Three, it will be helpful to be able to provide students with context specific information about how the session will run in their school. For example:

- Date of vaccination session
- Consent procedure
- Location of vaccination session

Time to deliver the EDUCATE lesson

The session is intended to be delivered over one session and to last approximately one hour.

Suggested timing for the session

SECTION TITLE	TIME ALLOCATED
Baseline assessment – overheard conversation	10 minutes
Introduction to the lesson	3 minutes
Core activity One – HPV and the immune system	10 minutes
Core activity Two – HPV-related illnesses	15 minutes
Core activity Three – HPV vaccination programme	10 minutes
Endpoint assessment	7 minutes
Signpost towards further support	5 minutes

The timings given are the minimum time required to deliver the activities. If some activities are generating lots of discussion and you feel students are making good progress towards achieving the learning outcomes, you may wish to spend longer on some activities and extend the lesson plans across multiple lessons.

Creating a safe environment for teaching

Teaching the lesson about the HPV vaccine can raise sensitive issues for young people, such as cancer and sexual behaviours. Teachers should always work within the school's policies on safeguarding, child protection and confidentiality. This is likely to include that if a student makes a disclosure to their teacher, this must be passed on to the designated safeguarding lead, or a member of the safeguarding team.

We suggest discussing and establishing ground rules with the students before the session(s) starts. This will create a safe, open space for students to share their thoughts and queries without negative repercussions. We have provided suggestions for ground rules in the PowerPoint resource. Young people could also be offered the opportunity to add their own ground rules if they wish.

Answering young people's questions

Our experience of delivering similar sessions in schools indicates young people have lots of questions about the HPV vaccine. Many of these relate to their worries about receiving the vaccine.

Teachers should provide a 'question box' during the session where students can place anonymous questions or concerns.

Useful links and sign posting

Here are some useful sources of information about the HPV vaccination programme, for adults and young people. There is also a slide in the PowerPoint which should be used to signpost young people to other sources both in and out of school if they have other questions after the session.

Information for young people

Health for Teens Questions & Answers [webpage](#).

Health for Teens [video](#).

Information about the HPV vaccination programme

UK Health Security Agency [leaflet](#).

There is also information in the following languages:

[Albanian](#), [Arabic](#), [Bengali](#), [Brazilian Portuguese](#), [Bulgarian](#), [Chinese](#), [Estonian](#), [Farsi](#), [Greek](#), [Gujarati](#), [Hindi](#), [Latvian](#), [Lithuanian](#), [Punjabi](#), [Polish](#), [Romanian](#), [Romany](#), [Russian](#), [Somali](#), [Spanish](#), [Turkish](#), [Twi](#), [Ukrainian](#), [Urdu](#) and [Yiddish](#).

British Sign Language (BSL) video is available to download [here](#).

Young people's rights to consent to medical treatment [webpage](#).

Safety profile of the HPV vaccine [webpage](#).

NHS HPV vaccination programme [video](#).